Ready... Set...



Bringing people together one laugh at a time



What Is Laughastè Out Loud?



THINK CHARADES... BUT EVERY ACTION MUST BE PERFORMED THROUGH LAUGHTER

- A HEALarious card game that blends laughter, wellness, play, and connection
- 79 unique laugh cards designed to relieve stress, unlock creativity, joy, and connection
- Suitable for all ages,
 elementary to the elderly

WHY LAUGHASTÈ OUT LOUD MATTERS

Stress Relief: Laughter lowers stress hormones and boosts your mood

Connection: Shared laugter builds trust, community, and authentic bonds

Wellness: Laughter supports mental, emotional, and physical health

Engagement: Turns any gathering into an unforgettable HEALarious shared experience

THE LAUGH THAT LINGERS MORE THAN A GAME... IT'S A MODALITY.

Laughter as Medicine: Every laugh card activates breathwork, playfulness, and release.

Healing Without Effort: Even when "just playing," players are boosting endorphins, reducing stress, and shifting energy.

Embodied Wellness: Builds resilience, mindfulness, and connection while disguising healing as fun.

Universal Impact: From classrooms to boardrooms, the lingering relief of laughter continues long after the game is over.



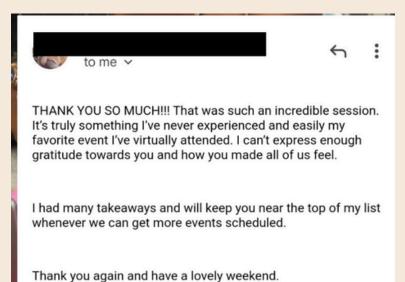
Our Partners In Play

Linked in











Waking up and laughing with my coworkers was the best medicine there is ! I thank Melanin Bee it was absolutely HEALarious! To know the benefits and different ways of laughter as well as utilizing it more is going to be an amazing feeling going forward! Everyday Im going remember to Laugh more!



Thank you!

I attended your session at LinkedIn today and loved every moment of it. Thank you so much for your passion and zest for life. I've been interested in Laughter Yoga for years, but never pursued it beyond a bit of superficial research. Your instruction today was the push I needed to start implementing these practices in my life. I had so much fun, feel refreshed and have so many tools to help maintain joy in my life.

Again, Thank you so much!



Laughastè Out Loud

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MELANIN BEE ~ CREATOR OF LAUGHASTÈ OUT LOUD

Certified Laughter Yoga Wellness Leader, Comedian, & Edutainer

with 5+ years teaching laughter as medicine. Founder of Holistically HEALarious brand

Comedic motivator, speaker, and creator of wellness tools that merge humor & healing

Mission: Help people laugh through life, one card pull at a time



IMPACT & REACH

Laughter is the audible expression of joy, Laughastè is a word I created that means laughter and joy. The intentions of creating Laughastè Out Loud, is to bring individuals together to cultivate joy through laughter.

Activated in corporate offices, classrooms, comedy stages, and wellness retreats

Partnerships with educators, wellness leaders, and organizations

Positive feedback from beta testers and live activations

Scalable for game nights, team-building, professional wellness, and entertainment

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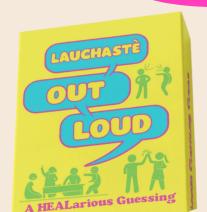
"I haven't laughed this hard in years."

- Beta Tester



"Perfect for breaking the ice at our team event." – Corporate Melissa Billard

"Our students loved it, it brought the whole class together." – Teacher at Northwest



Corporate

WHY CORPORATE TEAMS LOVE IT:

Stress Relief on the Job: Reduces burnout and promotes emotional resilience

Stronger Team Bonds: Encourages authentic connection and mindful communication

Boosts Creativity & Culture: Raises energy, improves morale, and nurtures positive workplace culture





HOW COMPANIES USE LAUGHASTÈ OUT LOUDTM:

Meetings & Trainings: Start sessions with a laughter icebreaker for sharper focus and engagement

Company Retreats: Create unforgettable team bonding moments in a fun, low-pressure way

Holiday Parties: A HEALarious game time that doubles as stress relief

Remote Teams: Virtual laughter sessions that dissolve distance and reconnect remote workers

Product Launches: Energize your team and audience with interactive laughter to set the tone

Employee Wellness Days:

Position laughter as a wellness practice that employees can take home

HEALING BENEFITS (DISGUISED AS PLAY

Activates breathwork & laughter release during high-stress workdays

Supports productivity, focus, and emotional well-being

Leaves teams with lingering relief that extends beyond the session

Laughastè Out Loud



LET'S BRING MORE LAUGHTER TO WORK

Build stronger teams through play & connection

Boost workplace morale, creativity, and culture

Transform stress into lingering relief employees carry beyond the office



LAUGHASTÈ OUT LOUD TM

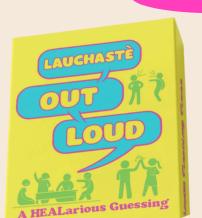
Book a HEALarious experience with Laughastè Out Loud™ for your next wellness workshop, retreat, training, or holiday celebration.

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READY... SET...

